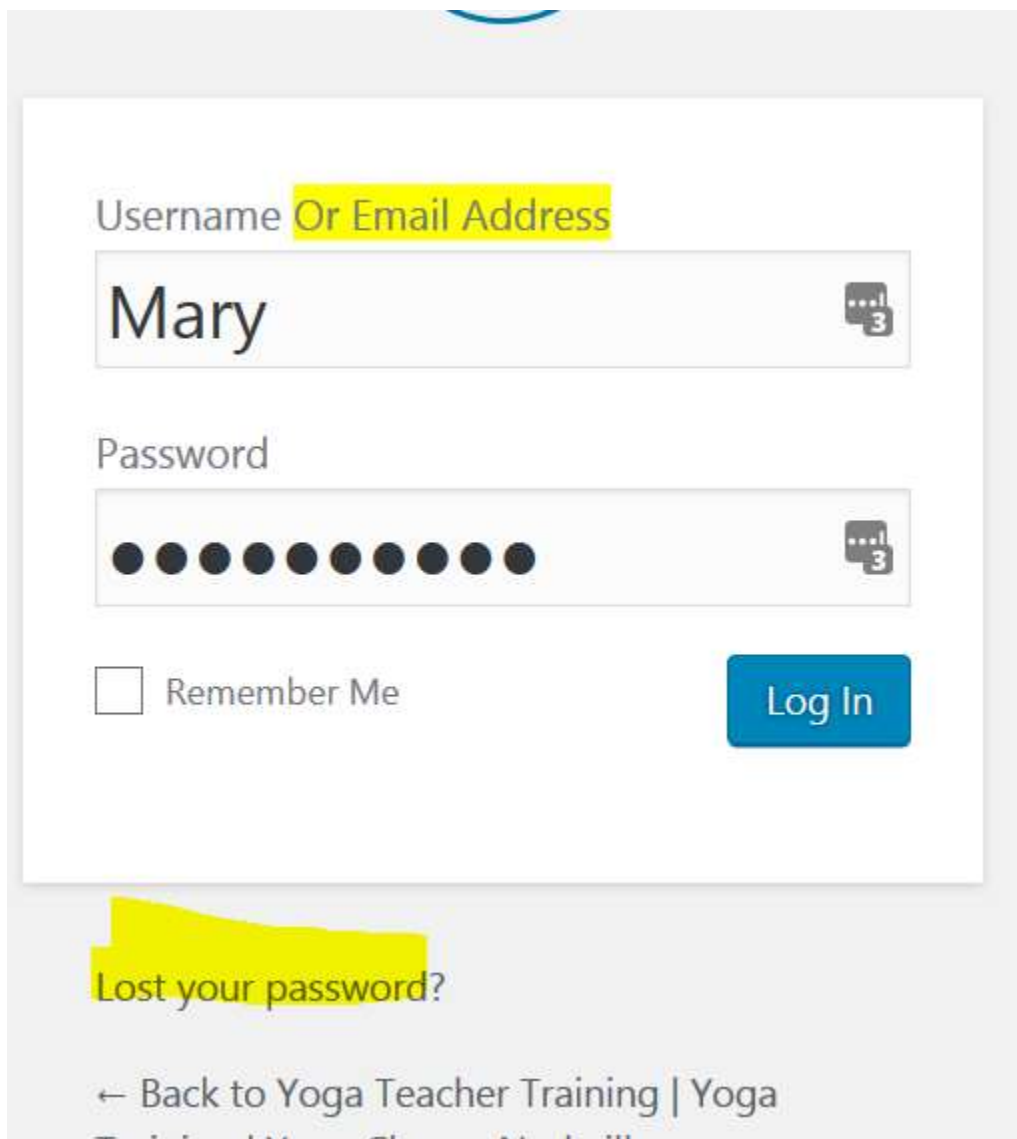# Instructions for using Student Portal for WhiteCrowYoga.com

Note: Please mark each lesson complete. Scroll to the bottom of this document for more info about why.

Login at whitecrowyoga.com/login

If you don't get the password right, it'll prompt you change it with a "forgot password" option, or, if you know that you can't remember your password or want to reset it simply click "Lost your password" as highlighted below.

Username Or Email Address

Mary

Password

● ● ● ● ● ● ● ● ● ●

☐ Remember Me   Log In
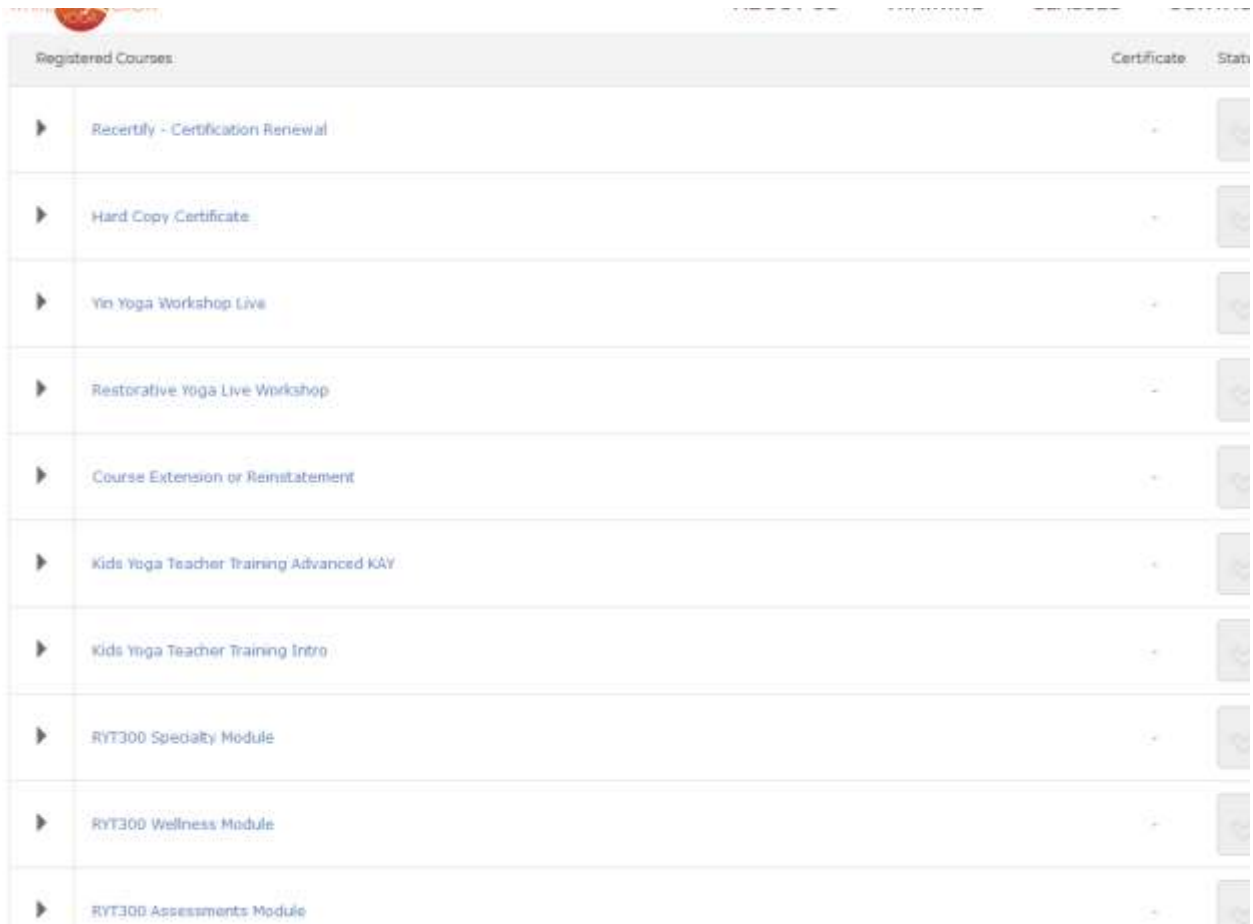
Lost your password?

← Back to Yoga Teacher Training | Yoga

Once you are logged in, go to:

http://whitecrowyoga.com/member/

This will bring up your Dashboard with all classes you have purchased. Mine is shown below:

Registered Courses	Certificate	Stati
▶ Recertify - Certification Renewal	-	
▶ Hard Copy Certificate	-	
▶ Yin Yoga Workshop Live	-	
▶ Restorative Yoga Live Workshop	-	
▶ Course Extension or Reinstatement	-	
▶ Kids Yoga Teacher Training Advanced KAY	-	
▶ Kids Yoga Teacher Training Intro	-	
▶ RYT300 Specialty Module	-	
▶ RYT300 Wellness Module	-	
▶ RYT300 Assessments Module	-	

CYT 200 Workshop - Online

Prenatal Yoga

Yoga for Weight Loss

Intro to Yoga Therapy

CYT 200 Videos

RYT 200 Live Class

RYT 300

Online Aqua Yoga Certification Course

Aqua Yoga Distance Study Certification

As you can see, I have many classes. You may only have one, if you only purchased one class. To see your course materials, simply click the class you want to see. For example, if I want to see Online Aqua Yoga Certification Course, I would click that, as highlighted below:

RYT 200 Live Class

RYT 300

Online Aqua Yoga Certification Course

Aqua Yoga Distance Study Certification

That will take me to the Course Content page. If I scroll down on the page (after reading the top part of the page), I will see:

Course Content

Lessons	
1	Instructions - IMPORTANT
2	Online Manual
3	Aqua Yoga Pose Breakdown and Common Misalignments
4	Aqua Yoga Class Themes
5	Anatomy Bones Video
6	Aqua Yoga Liability
7	Aqua Yoga Class Flows

To begin the course, I would click the first Lesson, as shown below:

Course Content

Lessons	
1	Instructions - IMPORTANT
2	Online Manual

That would take me to the material I need. For example, I'll show a partial screen of the Instructions – IMPORTANT lesson highlighted (you'd see this if you clicked on Instructions – IMPORTANT):

Instructions – IMPORTANT

By *cindy* Posted *September 30, 2015* In *Uncategorized*

Back to Course

What is required to complete your Aqua Yoga program and earn your certification? It's easy. Just fol
Important info on this page)

- Read the manual
- Practice the poses in the manual
- Watch the master class video
- Watch the anatomy video (You will be given a code for viewing the anatomy video.)
- Study the pose breakdown and common misalignments
- Review the class themes and class flows
- Practice teaching the class flows
- Take the online quizzes
- Video yourself teaching. Break the video into 3 or 4 short segments (about 15 minutes each). U
  Vimeo. Grant viewing access to us and send the link to us. If you prefer, you may mail us a phy
  please provide a pre-stamped self-addressed envelope.
- Print your CEC forms online if you need CECs.
- Print your certificate: If you prefer a hard copy of your certificate, it is available for purchase h

IMPORTANT: You have 12 months to complete this course. **If you do not finish within 12 months, a
course.**

Instructions – IMPORTANT

Back to Course

What is required to complete your Aqua Yoga program and earn your certification? It's easy. Just follow these simple inst
Important info on this page)

- Read the manual
- Practice the poses in the manual
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- Take the online quizzes
- Video yourself teaching. Break the video into 3 or 4 short segments (about 15 minutes each). Upload them to Goog
  Vimeo. Grant viewing access to us and send the link to us. If you prefer, you may mail us a physical thumb drive. If
  please provide a pre-stamped self-addressed envelope.
- Print your CEC forms online if you need CECs.
- Print your certificate: If you prefer a hard copy of your certificate, it is available for purchase here

IMPORTANT: You have 12 months to complete this course. **If you do not finish within 12 months, a fee will be assessed**
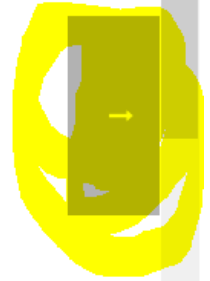**course.**

CERTIFICATE EXPIRATION – This course expires in one year. To maintain a current cert, you must renew.

Mark Complete

You would read this information and hit MARK COMPLETE as highlighted. Then, you can use your back arrow in your browser to go back to the Course Content page. Some pages will also have a "Back to Course" link, which you may use, but if you don't see one of those, just use the back arrow on your browser. Another option is to look to the right of the screen and go to the next lesson, as shown:

st follow these simple instructions! (Keep reading –

That's on the right hand side of the screen above. Some screens may also have another way to progress to the next lesson, as highlighted below. But, remember, you can always hit the back arrow on the browser and select the next lesson from the main Course Content menu. There are many ways to navigate!

Online Manual

Online Manual

By cindy Posted September 30, 2015 in Uncategorized

Back to Course

You can access your online manual here.

Mark Complete

← Previous Lesson

Next Lesson →

Any course that includes a certificate or CEC form will include a "Lesson" to print the certs, and that will look something like the shot below. Please Mark Complete each lesson, including this one. Otherwise, our automated script will keep

Print Aqua Yoga Certificate and CEC Forms

By *cindy* Posted **September 30, 2015** *In Uncategorized*

Back to Course

Download your forms using the links below:

HERE is the link to print your Aqua Yoga Certification

AEA CEC Form
ATRI CEC Online
Yoga Alliance CEC Form

Mark Complete

← Previous Lesson