

There are some products that your clients might find helpful when dealing with feet or toe issues. If your client has a toe that crosses over another toe, a toe separator product may be useful. Two such products are Dr. Frederick's Original Flared Gel toe Separators and Yoga Toes.

Some clients may find Plantar Fasciitis Socks with Arch Support helpful for plantar fascia or over pronation issues.

A product that provides a wonderful stretch for the feet and lower legs is the Step Stretch, Calf Stretcher and Foot Rocker. The company makes a double product, where you place both feet at one time into the device. I personally prefer the single model, as it seems to provide a better stretch in my opinion.

These items may be found on Amazon. We won't provide links, as those often change, but you should be able to find the products through an Amazon search.