

## Your Business Name:

To register your CECs, follow these directions:

- Login to your YA account
- Navigate to "My Training Hours" - scroll halfway down the page
- Check "In person with someone who is not a YACEP OR NOT in Person"
- Under "I am entering", click "Only Non-Contact Hours"
- Start Date: Enter your Dates
- Continuing Education Activity - copy and paste the following:  
**Enter the name and description of your course here**
  
- Hours by Educational Category for **(enter the name of your course and fill in the XX hours below)**
  - Techniques Training & Practice = XX hours
  - Anatomy & Physiology = xx hrs
  - Yoga Philosophy, Lifestyle and Ethics = xx hrs
  - Teaching Methodology = xx hrs
  
- Click the Assertion box ("I assert that the above information is true and accurate.")
- Save